

LONG ISLAND AQUATIC CLUB

presents

SUMMERTIME CLASSIC

JUNE 7 - 8, 2003

to be held at Nassau County Aquatic Center , Eisenhower Park, East Meadow, Long Island

Sanctioned by Metropolitan Swimming

sanction # 030602

Saturday Morning 12 & Under

Warm - up 8:00 am Start 9:00 am

Women's	Event	Men's
1.	11-12 100 M Butterfly	2.
3.	10&U 50 M Butterfly	4.
5.	11-12 50 M Backstroke	6.
7.	10&U 100 M Backstroke	8.
9.	11-12 100 M Breaststroke	10.
11.	10&U 50 M Breaststroke	12.
13.	11-12 50 M Freestyle	14.
15.	10&U 50 M Freestyle	16.
17.	11-12 200 M Freestyle	18.
19.	10&U 200 M Freestyle	20.

Sunday Morning 12 & Under

Warm - up 8:00 am Start 9:00 am

Women's	Event	Men's
43.	11-12 100M Freestyle	44.
45.	10&U 100 M Freestyle	46.
47.	11-12 50 M Butterfly	48.
49.	10&U 100 M Butterfly	50.
51.	11-12 100 M Backstroke	52.
53.	10&U 50 M Backstroke	54.
55.	11-12 50 M Breaststroke	56.
57.	10&U100 MBreaststroke	58.
59.	11-12 200 M I M	60.
61.	10&U 200 M I M	62.

Saturday Evening 13-14 and Senior

Warm - up 4:00 pm Start 5:00 pm

Women's	Event	Men's
21.	13-14 200M Freestyle	22.
23.	Senior 200M Freestyle	24.
25.	13-14 100 M Butterfly	26.
27.	Senior 100 M Butterfly	28.
29.	13-14 200 M Backstroke	30.
31.	Senior 200 M Backstroke	32.
33.	13-14 100M Breaststroke	34.
35.	Senior 100 M Breaststroke	36.
37.	13-14 100 M Freestyle	38.
39.	Senior 100 M Freestyle	40.
*41.	Senior 400 M I M	*42.

* May be limited to 2 heats

Sunday Afternoon 13-14 and Senior

Warm - up 4:00 pm Start 5:00 pm

Women's	Event	Men's
63.	13-14 200 M I M	64.
65.	Senior 200M I M	66.
67.	13-14 200 M Butterfly	68.
69.	Senior 200 M butterfly	70.
71.	13-14 100 M Backstroke	72 .
73.	Senior 100 Mbackstroke	74.
75.	13-14 200 M Breaststroke	76.
77.	Senior 200M Breaststroke	78.
79.	13-14 50 M Freestyle	80.
81.	Senior 50 M Freestyle	82.
*83.	Senior 1500 M Freestyle	*84.

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Pool: Goodwill Games Aquatic Center in Eisenhower Park, East Meadow, Long Island

10 lane by 50 meter competition pool w/ 2 meter min depth.

6 lane by 25 meter warm up pool

Colorado Timing system, Hy-Tek meet manager

Host of: **1998 Speedo Northeast Junior Championships**

1998 Goodwill Games

1999 Phillips 66 National Swimming Championships

1999 Long Island Open - Grand Prix

2000 Long Island Open

2001 Women's Division I Swimming & Diving Championship

2001 FINA World Cup

2001 U.S. Open

Eligibility: Swimmers must be USA Swimming registered (or other FINA member) in order to compete.

Entries for swimmers without valid 2003 USASwimming registrations will not be entered in the meet.

Entry Fees: An entry fee of \$3.00 per individual event, \$1.00 additional for Metro Non-Hytek entries, must accompany the entries. Make checks payable to "Friends of Nassau Long Island Aquatic Club". Entries will not be considered received and accepted without full payment of fees.

Entries: HyTek program entries on 3 1/2" diskette, labeled with the team name (along with a hard copy) are requested. An Entry Summary with signed waiver must accompany each entry, regardless whether entries are submitted on diskette or in writing. All diskettes will be returned with final results. Entries must be submitted in **meter** times only. Deck entries will not be accepted. Email entries to: MSGINNY@ATT.NET

Deadline: Entries must be received by **May 27, 2003 IF SENDING EXPRESS MAIL, PLEASE SIGN THE WAIVER ON FRONT.** Entries will be entered in the order received as space allows.

Mail Entries to: **Meet Director Ginny Nussbaum**
Goodwill Games Aquatic Center
Eisenhower Park
East Meadow, NY 11554
Telephone: (516) 572-0509
Fax: (516) 572-0513
Email: MSGINNY@ATT.NET

Awards: Medals will be presented to the top 3 finishers in individual events.

Admission: **\$3.00 per adult. Program \$2.00.**

METRO SAFETY GUIDELINES WILL BE ENFORCED.
NO FOOD OR GLASS BOTTLES ALLOWED ON DECK.

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DIRECTIONS:

FROM VERRAZANO NARROWS BRIDGE AND KENNEDY AIRPORT:

Follow signs to Belt Parkway/Long Island East. Take Belt Parkway eastbound past Kennedy Airport - after Kennedy Airport stay in the left lane and look for signs to Southern State Parkway East. Take So.State Pkwy East to Meadowbrook Pkwy (northbound) to NY-24 Hempstead Turnpike (exit M4) East. On Hempstead Turnpike go to the left lane and make a left at the first light (Merrick Ave.) Follow Merrick Ave. And signs to pool entrance on your right.

FROM WHITESTONE AND THROGS NECK BRIDGES

Take Cross Island Parkway South to Exit 29, Grand Central Parkway eastbound. Follow Grand Central Pkwy to Meadowbrook Pkwy southbound (Jones Beach). Get off Meadowbrook Pkwy at NY-24 Hempstead Tpke.(exit M4). For pool see directions above.

FROM LA GUARDIA AIRPORT

Take Grand Central Parkway (to eastern Long Island) to Meadowbrook Parkway and follow above directions.

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sanction #030602

ENTRY SUMMARY

Team _____ **Club Code** _____ **Association** _____
Address _____ **Town** _____ **State** _____ **Zip** _____
Contact _____ **Phone** _____

# 10 & UNDER WOMEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
# 11-12 WOMEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
# 13-14 WOMEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
# SENIOR WOMEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
# 10 & UNDER MEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
# 11-12 MEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
# 13-14 MEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
# SENIOR MEN _____	# EVENTS _____	x	\$3.00	=	\$ _____
Total					\$ _____

Waiver of all claims for injury and acceptance of all meet rules are conditions for acceptance of entries.

Coach